

INVISIBLE

SHOWING THE WORLD WHAT WE DO
MAY 2011

SPW IS NOW

**RESTLESS
DEVELOPMENT**
THE YOUTH-LED DEVELOPMENT AGENCY



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LIVE BELOW THE LINE

There are currently 1.4 billion people globally living on less than £1 a day. This is classified by the World Bank as living below the poverty line, and the majority of these are young people. We want people in the UK to better understand the restrictions this causes. Live Below the Line is a national campaign that challenges the general public to live on £1 a day for food and drink for 5 days in May 2011.

Restless Development is a major partner in Live Below the Line, an incredible new awareness and fundraising campaign in the UK that is backed by Hugh Jackman (X-Men actor) that's making a huge difference in the fight against this extreme poverty.

The money we raise through the campaign will fund projects and programmes that give young people the skills and opportunities to break the poverty cycle and resolve the persistent issues facing the world.

If you are based in the UK, take on the challenge by signing up here and Live Below the Line for Restless Development:
<http://www.livebelowtheline.org.uk/restlessdevelopment>

ICS LAUNCH

From March 2011 young people from across the UK and from all walks of life, will be given the chance to make a real difference in some of the poorest parts of the world – by volunteering overseas.

International Citizen Service (ICS) will enable 18–22 year olds to work as volunteers in developing countries. It's a scheme that aims to involve thousands of young people over the coming years, and is largely funded by the UK Department for International Development.

As one of the selected agencies implementing this exciting new scheme, it's a fantastic opportunity for us to extend our meaningful youth-led development programmes.
www.restlessdevelopment.org.uk/volunteer-ics

RESTLESS DEVELOPMENT'S 25TH BIRTHDAY

We celebrated our 25th birthday on 3rd March with the launch of our new 5 year strategy.

ALUMNI NETWORK LAUNCH

Through our 25 years of youth-led development we have engaged around 16,000 young people globally. Our alumni are former national and international volunteers, interns and staff, trustees and advocates who have been involved in our activities and share our youth-led values.

We've launched a pioneering online network connecting our alumni worldwide. It acts as a platform for professional and personal development, providing all those connected with Restless Development a unique opportunity to access one another's career advice, stories and support.

<http://restalumni.futurefirst.org.uk>

Presented to friends, alumni and partners, the new strategy lays the foundations for a really exciting future. As we enter our 26th year, our energy to engage young people to address the issues affecting their lives, communities and countries, is as fresh and dynamic as ever.



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GIVING YOUNG PEOPLE A VOICE IN DEVELOPMENT EFFORTS



MEETING NEPAL'S PRIME MINISTER

Restless Development's Country Director for Nepal, Ravindra Shakya, has been selected to be an Association of International NGOs (AIN) Steering Committee member in Nepal. AIN comprises 94 international NGOs, with a Steering Committee of 10 members. By increasing our involvement in this coalition we have been able to strengthen our partnerships with other NGOs, donor agencies and national government.

In this role, Ravindra was one of 7 delegates to meet the Prime Minister of Nepal to discuss a range of issues surrounding governance in Nepal.

They asked the Prime Minister to step in and give the go-ahead to several project agreements which have been stalled by the Ministry of Women, Children and Social Welfare.

Along with the other global organisations that make up AIN, Restless Development will continue to work alongside the Prime Minister's Foreign Affairs Advisor to bring issues facing young people in Nepal to the fore, and ensure young people have an active involvement in policy-making and peace-building.

It's a really encouraging step for Restless Development towards ensuring that young people in Nepal have an input into shaping the future of the country.

RESTLESS DEVELOPMENT'S MISSION IS TO PLACE YOUNG PEOPLE AT THE FOREFRONT OF DEVELOPMENT

WORKING WITH LOCAL GOVERNMENT IN SOUTH AFRICA

In South Africa, we recently received our first ever grant from the German Agency for International Cooperation (GIZ) to implement a Youth Advocacy Project. The project will work closely with two local municipalities to involve young people in their decision-making processes.

The pilot project ran from October to December 2010. 20 young people were recruited by Restless Development as 'Advocates For Change'. The project is a great example of how we are training other organisations to better manage and deliver programmes for and with young people.

It also created an opportunity for us to pressure local governments more broadly to meaningfully involve young people in policy formation.

UK LORDS DEBATE YOUTH AND DEVELOPMENT

We've been pushing for a debate on youth and international development in the UK House of Lords for some time, and we were delighted that on 4th April it finally happened.

The debate on "what steps the government is taking to support young people in the challenges they face, especially in developing countries" was the first of its kind in the UK House of Lords.

The speakers submitted three key demands to the UK government:

- To ensure that development programmes are age-sensitive and responsive to the needs of young people.
- To commit to promoting youth-focused and youth-led development in international forums.
- To create a Department for International Development youth champion network.



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YOUTH-FOCUSED HEALTHCARE AND THE HIV/AIDS RESPONSE



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MATERNAL HEALTH AWARENESS WEEK THROUGH DRAMA

A Restless Development drama outreach team in Sierra Leone was selected to perform at the opening of 'Mother and Child Health Week'.

The opening ceremony was attended by the Vice-President of Sierra Leone, Ministers and other NGOs. Throughout the week, free treatment was provided to mothers and children with infectious diseases.

The drama performance was used to raise awareness of maternal health issues and the importance of attending regular check-ups and getting problems treated.

The Vice-President made several references to the performance in his speech and commended the Restless Development outreach team for their work. At the end of ceremony he met with the drama group and staff members to personally congratulate the agency.

DANCE4LIFE IN UGANDA

In Uganda we are continuing to dance4life in the fight against HIV/AIDS after securing funding from the Dutch government's civil society grant MFS II.

Through this 5-year funding we will reach:

250 SECONDARY SCHOOLS

90,000 YOUNG UGANDANS

This will result in a generation of young people with the knowledge and skills to make safe sexual and reproductive health decisions and to prevent HIV/AIDS among their peers through awareness-raising and advocacy activities.

Our impact will increase as we work with global and national partners to bridge the gap between supply and demand of comprehensive sex education and services.

YOUTH-FRIENDLY COMMUNITY HEALTHCARE

We're helping young Zambians hold local and central government to account for improved youth-friendly healthcare provision.

The initiative is supporting communities to advocate for improved youth-centred health services after analysing local needs.

We're encouraging communities to not simply demand changes, but work with decision-makers to find local solutions.

Communities will have increased ownership of efforts to minimise sexual and reproductive health risks, increased awareness of their rights to services which make prevention possible, and for those already affected there will be a higher level of care and support available.

CONSULTATIVE REVIEW IN ZIMBABWE

Restless Development participated in the National Youth Policy Review Consultative Workshop coordinated by the Zimbabwe Youth Council.

We were asked to develop and present a concept paper on youth and sexual reproductive health. Our work with young Zimbabweans in this area is gaining increasing recognition, and we are now regarded as experts and leaders in the area.

Our findings and experiences in Zimbabwe will be used to inform policy related to young people's sexual and reproductive health.



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LIVELIHOODS AND EMPLOYMENT

4 COMPUTER LITERACY, TAILORING AND EMPLOYMENT



SIERRA LEONE

75%

of our Sierra Leonean former volunteers are now in full time employment or study following their engagement with the agency.

UGANDA

18% INCREASE

in young Ugandans we work with generating income through market-driven enterprise.

TANZANIA

2822

young people in Tanzania have been given access to livelihoods opportunities.

YOUNG ENTREPRENEURS IN TANZANIA

In Tanzania, we are responding to demand from young people themselves for help setting up income-generating projects.

We worked with a group of girls called Umojadada to form a tailoring group. We trained them in tailoring, batik-making and marketing. The money for the initial materials was invested by the girls themselves.

The group is already re-investing its profits, and membership of the collective has increased from 15 to 22, with established members teaching new ones.

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LIVELIHOODS SKILLS IN SOUTH AFRICA

Phelokazi is a young woman from Tsolo, South Africa. After leaving school, Phelokazi was unsure how to move forward with her life. She admits that her behaviour deteriorated as she became dependent on alcohol.

Phelokazi heard about Restless Development's Youth Development Centre in Tsolo from a friend and enrolled on the Computer Literacy Course, determined to turn her life around. The Youth Development Centre Officers worked with Phelokazi both during and after the course to assist with her personal and professional development and connect her with employment opportunities.

"I'VE CLAIMED MY LIFE BACK, AND I THANK RESTLESS DEVELOPMENT FOR THAT".

PHELOKAZI, YOUTH DEVELOPMENT CENTRE GRADUATE

In South Africa we operate Youth Development Centres in Tsolo and Libode which run regular Career Information Days. Attended by up to 700 young people, these events focus on helping school leavers understand the options available to them after completing their education. In Libode over 150 high school graduates attended an information day on how to find employment; one of 1054 we have held across the country.

We're continuing to lobby for further investment in Youth Development Centres, to ensure that more young South Africans in the areas of greatest need have access to information and advice on life skills, income generation and employment.

MISDIRECTED
YOUNG PEOPLE DETERMINED TO ACHIEVE



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